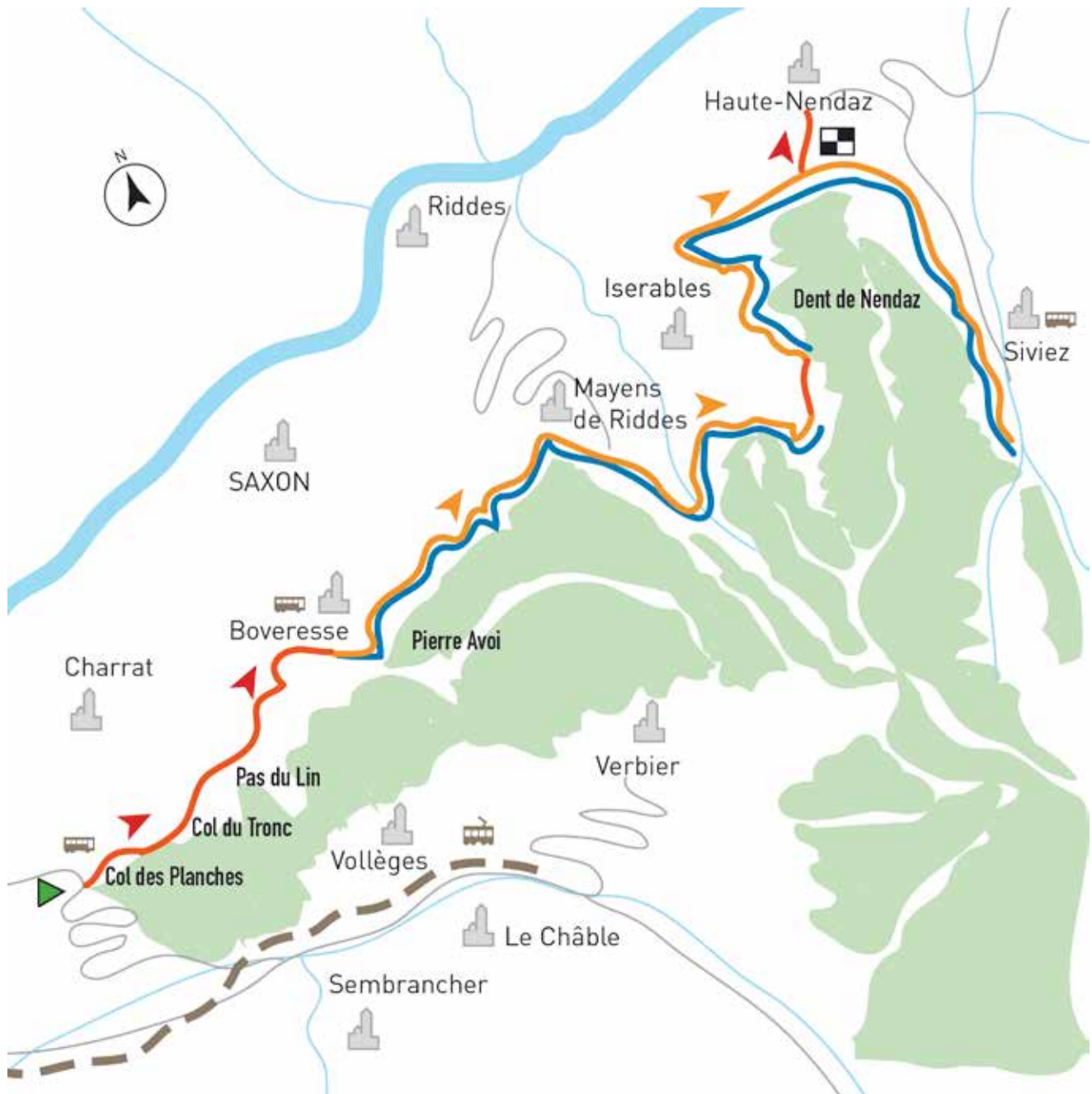


3 days of walking along the bisses





This trail follows three bisses from the Planches Pass to the Mayens de Sion (Bisse de Saxon - Bisse Vieux or Bisse du Milieu - Grand Bisse de Vex)

Day 1: Col des Planches (Planches Pass) – Mayens de Riddes by the Bisse de Saxon

Day 2: Mayens de Riddes – Haute-Nendaz or Siviez by the Bisse de Saxon

Day 3: Haute-Nendaz – Mayens de Sion by the Bisse Vieux or the Bisse du Milieu and the Grand Bisse de Vex

For more details of this trail please refer to the pages of this site for the bisses mentioned.

Ordinance Survey map 1:50'000 : no. 282 T Martigny and no. 273 T Montana

Best period : June to September



Day 1

To reach the start of the bisse, take a bus to the Planches Pass. From there, make your way to the Lein Pass and take the a passable but non-tarmac road to the first hairpin bend above Boveresse. From here you can reach the Bisse de Saxon (sign-posted). Follow the bisse to Mayens de Riddes

Route time : 4 hours without breaks.

Day 2

Depending on your level of fitness, you can either stop at Haute-Nendaz or continue to Siviez. There is wider range of lodging in Haute-Nendaz than Siviez.

If you spend the night in Haute-Nendaz, the next day you will continue to the Mayens de Sion, either following the Bisse Vieux or the Bisse du Milieu. The Bisse Vieux takes you to Lavantier and from there you should continue to Planchouet to join the Grand Bisse de Vex. The Bisse du Milieu, which is less interesting in terms of landscape, goes directly to Planchouet close to the starting point of the Grand Bisse de Vex, which will take you to the Mayens de Sion.

If you decide to spend the night in Siviez, you will continue on the Bisse de Saxon. From Siviez, you make your way downhill to Planchouet to join the Grand Bisse de Vex.

Day 3

From Haute-Nendaz, follow either the Bisse Vieux or the Bisse du Milieu. Depending on your choice, you will reach the Grand Bisse de Vex by following the sign-posts.

For more details of this trail please refer to the pages of this site for the bisses mentioned.

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